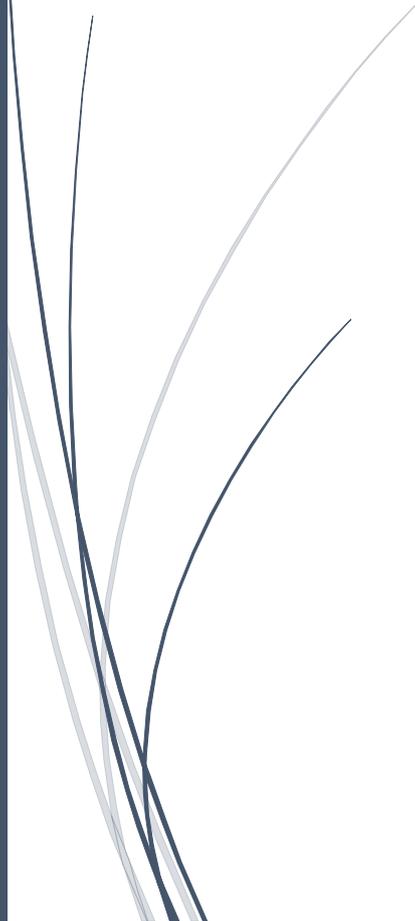




**SINGAPORE PLANNED FAMILIES ASSOCIATION**

# **ANNUAL REPORT**

**For the Year Ended  
31 December 2019**



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## BOARD OF DIRECTORS



Mr Edward Ong K.W  
President  
(Retired)



Dr Sundardas D Annamalay  
Vice President  
(Current President)



Mr Cynric Alexander Wee  
Honorary Secretary



Dr Chen Sze Hua  
Honorary Treasurer  
(Retired)



Mrs Winnie Cruz-Ding  
Asst Honorary Treasurer  
(Current Hon. Treasurer)



Ms Edwards Jacqueline Judy  
Board Member



Ms Angelina Hing  
Board Member

| Name                       | Designation                  | Elected/Co-opted | Attendance of Executive Committee & Board Members |
|----------------------------|------------------------------|------------------|---|
| Mr Edward Ong K.W          | President (Retired)          | 10 Apr 2017      | 4/7   |
| Dr Sundardas D Annamalay   | President                    | 10 Apr 2017      | 7/7   |
| Mr Cynric Alexander Wee    | Honorary Secretary           | 10 Apr 2017      | 7/7   |
| Dr Chen Sze Hua            | Honorary Treasurer (retired) | 10 Apr 2017      | Exempted  |
| Mrs Winnie Cruz-Ding       | Honorary Treasurer           | 28 Aug 2017      | 5/7   |
| Ms Edwards Jacqueline Judy | Board Member                 | 24 Apr 2017      | 7/7   |
| Ms Angelina Hing           | Board Member                 | 21 May 2018      | 5/7   |
| Mr David Lim               | Board Member                 | 10 Apr 2017      | Resigned  |
| Mr Teo Cheng Tee           | Board Member                 | 28 Aug 2017      | Resigned  |

## VISION & MISSION

### About Us:

**Singapore Planned Families Association (SPFA)** is an independent Social Service Agency (SSA) affiliated with the National Council of Social Service (NCSS) and National Volunteer & Philanthropy Centre (NVPC).

**SPFA** contributed to Singapore since 1949, first as the Singapore Family Planning Association and from November 2015 as the **Singapore Planned Families Association** in line with its renewed and refocused vision and mission.

### Our VISION:

*Promotion of healthy family values, human sexuality and reproduction leading to the building of strong, happy families and society.*

### Our MISSION:

- **Promote** healthy values on human sexuality and reproduction through advocacy and education.
- **Provide** support to individuals and families at risk.
- **Prepare** young people to develop strong families.

This mission can only be accomplished with the help and dedication of volunteer members and staff, and by working in close partnerships with expert resource personnel and the community.

SPFA is a member of the National Council of Social Service and the National Volunteer & Philanthropy Centre. SPFA is also funded by the National Youth Council.



## PRESIDENT'S MESSAGE



We warmly invite you to review our 2019 year of great change. A review of our activities revealed that we were losing traction in our capacity to deliver our programs and maintaining our IPC status. Many of our programs were becoming less relevant. In order to continue our role and contribute to Singapore we needed to re-invent ourselves. We also had to seriously review whom we could best serve and in what capacity. Our existing infrastructure was also not capable of ramping up. So, it was indeed a time for soul searching and reflection. The board felt that to move forward we had to take back the reins. So Mr Steven Tham our acting ED left. Mr Cynric Wee stepped in to fill up the gap left by the acting ED in March 2019.

Shortly after that our former President Mr Edward Ong stepped down from the Board citing fatigue and ill health. We thank him for his years of dedicated unselfish service to the organisation. We were informed that as a result of the changeover in the board and the change in the nature of our activities our review of the IPC status would be further delayed.

Sarah Sim joined us to work with Mr Cynric on the Herit-Preneur project. After the project took off Sarah left SPFA for reasons of her own in September. Mr Teo Cheng Tee stepped down from the board for personal reasons. As part of the clean sweep and revamping the organizational framework, Stella was asked to leave. After Cynric went through 120 resumes and interviewed 40 candidates, the following were employed; Keith Lee (Pgm Executive), Jeremy Ho (Project Coordinator), Jenny Low (Office Administrator)

We put all our excess funds into fixed deposits of varying amounts for better returns. These deposits were split into numerous denominations to optimise returns and withdrawals. We sourced for a new agent for our premise in November 2019. We managed to get a prospective tenant after a one-month search and they will be renting from April with March being one free month for renovation as the unit was empty.

We impacted an estimated total of 2000 Students, 180 elderlies, 200 teachers, 8 Senior Activity Centres with the Herit-Preneur project. Cynric will add more about this project. We partnered with other VWO - Fei Yue Community Services, Lions Befrienders, Silverace Senior Activity Centres and Presbyterian Community Services. We had an outing with Senior Citizens with the elderly and did friendly treasure hunts - Changi International Airport, Vivo City, Marina Bay Sands.

We sent out emails and calls to all the schools in Singapore to market Herit-Preneur - but we did this a little late because of staff movement. We only managed to do the above on 1st week of November after Jeremy came on board. Early October is when schools usually go through shortlisting of their vendors and planning for their activities for the following year. So, we may have missed the boat for this somewhat.

The office was tidied up to remove unwanted and very old furniture which was broken. Now the office is clean and less cluttered. We prepared for Year 2020 with processes and activities in place with all its objectives ready to be rolled out for efficiency in implementation and delivery of Herit-Preneur.

It was with deep regret we note the passing of Dr Chen Sze Hua in Dec 2019. He was a board member and one of the early founding members and his presence will be deeply missed.

We are working towards a second symposium on “A Values-based Society”. With much appreciation to our very supportive EXCO members and Board of Directors, our loyal staff, faithful members, generous supporters and caring volunteers.

***Dr Sundardas D Annamalay***

President

## INFORMATION RELATING TO THE CHARITY

**Background:** Singapore Planned Families Association was established as Singapore Family Planning Association on 22.07.1949 as a society.

It was registered under the Charities Act on 19.08.1963.

**Unique Entity Number (UEN):** S63SS0018K

**Registered Address:** Block 3A Holland Close #01-55 Singapore 272003

**Banker:** DBS Bank Ltd  
Standard Chartered Bank (Singapore) Limited

**Auditor:** K.K. Lim & Co. Public Accountants and Chartered Accountants  
47B Tras Street. Singapore 078986

### POLICIES

**Funding Sources:** SPFA is financially supported by donations from its members and the public as well as grants from the Government affiliated institutions such as National Council of Social Service and the National Youth Council.

**Memberships:** The Charity is open to the public for participation in its charitable activities in helping the needy.

Classes, talks, program and projects are also conducted for the public in pursuing the vision and mission of the Charity.

As of 31 December 2019, the total number of members was 39, comprising 27 Life Members and 12 Ordinary Members.

**Ensuring Regulatory Relevance and Compliance:** To enhance transparency and accountability, SPFA's annual report and financial statements are available online for free viewing via the Charity Portal

**Conflict of Interest Disclosure:** Pursuant to Article 5.8 Conflict of Interests in SPFA's Constitution, all directors had declared in writing the nature and extent of any relationship, arrangement, contract or agreement, if any, which may result in a conflict of interest.

**Staffing:** As at 31.12.2019, SPFA has 3 full-time staff employed and 1 part-time contract service.

## CALENDAR OF EVENTS

| Dates        | Events   |
|--------------|--|
| January 2019 | Talk in How to use Facebook safely and securely  |
| March 2019   | Herit-Preneur 2019 briefing @ Hwa Chong International School<br>SPFA AGM   |
| April 2019   | Hwa Chong International School Herit-Preneur Students leaders Training<br>Hwa Chong International School student visits to Senior Activity Centres |
| May 2019     | Herit-Preneur 2019 carnival @ Hwa Chong International School   |
| June 2019    | Herit-Preneur 2019 Student leader briefing n training @ Anderson Sec   |
| July 2019    | Anderson Sec Student leaders Senior Activity Centre Visits<br>Anderson Sec Student Leader Presentations  |
| August 2019  | Hwa Chong International Gives back Outing<br>Herit-Preneur 2019 carnival @ Anderson secondary School   |

## HONORARY SECRETARY'S REPORT



Year 2019, was a year filled with trials. In that note, “Herit-Preneur” was conceived with the single purpose of reviving SPFA, like a phoenix, we shall be reborn to ensure our relevance to Singapore. In light of this, we have Hwa Chong International School (HCIS) and Anderson Secondary School (ANDs) as our pioneers as we initiate the implementation of the project.

It is more than noteworthy, the positive impact “Herit-Preneur” has on both the students and elderlies. On the side of the students, they exhibited a sense of sensibility that symbolized what empathy really meant. This was the outcome of their time spend in bonding with the seniors, which gave way to the propensity to be touched by the senior’s inspirational stories in the pursuit of the meaning in life. Conversely, the seniors were parted with seeds that were more than just a wonderful experiential good time, they were left with **HOPE** that our nation is in the hands of capable and sensible youth. In truth, after witnessing how some of the students reflect on better appreciating and relating to their grandparents, the idea of inter-generationalism goes beyond the classroom and society, it truly starts at home.

Our volunteering mentors kept a keen eye on the execution of the project, they ensured that the students from both our pioneering schools, were taught leadership, entrepreneurship and critical lateral thinking that cultured innovation. All of these efforts, regardless of how small they may seem, contributed to the positive close of the project for both schools in August 2019.

I wish to take this moment, to sincerely thank our schools and partners for their strong support, our volunteers and staff for their dedication, but most importantly, I want to wish the students, who have embraced the values they inherited from the project, a successful journey ahead.

As 2019 drew to a close as it enters its 4<sup>th</sup> quarter, we underwent a total replacement of the staff which resulted in inadequate time to prepare and market “Herit-Preneur 2020” effectively. However, both Hwa Chong International and Anderson Secondary School decided to continue with us for the year 2020. It was surprising and motivating for us to have Anderson Secondary School add another class of students for 2020 with us.

Looking back on the course of the year, the times spent with both schools remarkably left us more experienced and imparted to us learnings that sharpen our abilities to adaptively cater to the dynamic needs of any potential service user. These lessons, coupled with the quiet month of December, laid it as an opportunity for us to reformulate and develop “Herit-Preneur” into a “Plug n Play” methodology. This was essential to enable us to prepare for what horizons await us in 2020.

In addition to the above, we were blessed with the time to also work on developing new capabilities to leverage on the wide and mass outreach of Herit-Preneur.

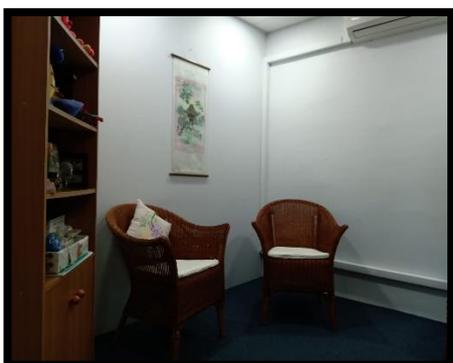
I would like to take this opportunity to thank our board members and all the staff for their support towards a common vision for SPFA. A united team will surely be blessed with rewards to come.

With both our experienced and committed program personnel Keith and Jeremy, and having a good support from our office administrator, Jenny, we look forward to an exciting year 2020.

***Mr Cynric Alexander Wee***

Honorary Secretary

## SPFA COUNSELLING SERVICE



We at SPFA, strived to meet the psycho-emotional needs of individuals, couples and families with personal and inter-relational concerns, specializing in the niche of sexual and reproductive health issues.

We firmly believe in face-to-face counselling, as our processes go beyond just hearing you, but also feeling you. Hence, it is one of our precepts to always provide you a safe space to speak your heart and mind.

As such, SPFA in line with our mission, endeavours to inculcate the healthy family values in human sexuality and reproductive health through our services to build strong, happy families in a multi-racial and multi-religious society where inter-generationalism is most essential.

Concluding, 31 December 2019, we closed 5 cases in the first quarter of 2019.

Throughout the course of 2019, in light of remaining relevant towards our nation's needs of ingraining strong ties between the young and old, SPFA shifted its attention towards developing its programmes to address the growing inter-generational needs.

## PROGRAMMES

### HERIT-PRENEUR



Proudly sponsored by the National Youth Council (NYC), Herit-Preneur 2019 donned the mantle of spearheading the direct linkages of relationships between the young and those of the pioneer and medeka generations. This programme was incepted to be more than just an inter-generational programme, it is a path forward to bridge our heart for heritage with the mind for entrepreneurship, hence the conception of the name: Herit-Preneur.

Herit-Preneur fundamentally has its focus on youths of educational institutions, targeting for them to have more than just their Values-In-Action / Creativity, Action & Service fulfilled. Simply put, the selected students underwent a series of trainings, to impart to them inter-personal communicative skills, they would be then brought out to various senior activity centres to bond and spend time

with the seniors over the course of a month, thereafter they would be coached to reflect on the values they have learnt from their time with the seniors, before being mentored in entrepreneurship that is rudimentarily based on the values they inherited from the seniors.

Herit-Preneur was a means to have the student believe in what they do and provoke their thinking to be inclusive of the community at large. On the side of the school staff, it was to be an avenue to alleviate the pressures and loads faced from conducting the school's curriculum, by leaving the coordinating and planning of the activities to us.

SPFA firmly acknowledges our strong supporters and partners. Herit-Preneur would not have been realised without their generosity in providing us the centres and seniors. We wish to take this moment to recognize them:



Depicted above: Modules of phases that the participants of Herit-Preneur 2019 experience.

Herit-Preneur 2019 begun with two pioneer schools, Hwa Chong International School and Anderson secondary School.



Their students embark on a journey of self-discovery and enlightenment, what follows are their experiences throughout Herit-Preneur 2019, impacting more than 2,000 lives:



Hwa Chong international Students (HCIS): attending the preparatory lectures in March 2019



Hwa Chong International Students breaking into their small groups while visiting the Senior Activity Centre in April 2019



HCIS student leaders attending training on public speaking & critical thinking in April 2019.

May 2019 Herit-Preneur Carnival @ HCIS: Where Students allowed the Herit-Preneurs in them shine~



HCIS Students and their carnival preparations.



Anderson Sec Student leaders Visiting Senior Activity Centre in July 2019:



Herit-Preneur 2019 Student leader briefing n training @ Anderson Sec in June 2019.



Anderson Sec Student leaders sharing with their class on what values they have inherited from their visits in July 2019.



Some Bonds have grown deep, flourishing into a persisent kinship:  
The remarkable outcome when the heart and mind are unified.



Herit-Preneur 2019 carnival @ Anderson secondary School in Aug 2019.

## PUBLIC TALKS & COMMUNITY ACTIVITIES

### HOW TO USE FACEBOOK SAFELY & SECURELY



In January 2019, a public awareness talk was conducted to engage public on the do's and don'ts of Facebook. With the impetus to engage the minds of people to attain a cognisant understanding of the dangers lurking in the cyber web.

Our speaker, John Yap, proceeded to value add to the attendees by illuminating on how to look out for their children, without becoming too overbearing.

**How to use Facebook Safely and Securely**

Facebook is a useful tool to enable you to keep in touch and to bond with your family members and friends. In this talk, John will show you the secrets of how you can keep your Facebook account safe and secure. His practical tips and live demo of do's and don't will enable you to leverage on the usefulness of Facebook.

Maj John Yap is a founder member of the Singapore Microcomputer Society in 1978. ([www.sms.org.sg](http://www.sms.org.sg)). He was the president of the Society for almost 20 years. He's now a honorary life member and the immediate past president. He now practices as a "computer doctor".

### Hwa Chong International School Gives Back

With the success of Herit-Preneur 2019 with Hwa chong international School, in August 2019, the students returned with a plan for their cohort to contribute back to the seniors. They raised a budget which constituted to the quality of the goodies the seniors will receive, as they all went out on an excursion hand in hand with the seniors they formed bonds with.



Goodie bags hand packed and ready for distribution to the seniors.



HCIS students giving out the much anticipated goodies to the seniors



## VOLUNTEER'S CORNER

We would like to **THANK** all SPFA Volunteers, especially our Executive Committee Members, Board of Directors, and our members for availing their valuable time and effort throughout the year of 2019.

The impact of your contributions are felt in the lives of our beneficiaries, it is our privilege to have you as our partners, working towards the building of stronger communities in our nation.

To ensure that the hearts of our volunteers never stop giving, it was upon us to develop and concretely put forth a management framework that is unique to SPFA volunteers. The labors of our immense focus amalgamated in our '**GIVERS**' Model below:

### WHAT VOLUNTEERS CAN ACHIEVE

- G.** Growth and Well-being (Free exposure/Stepping stone)
- I.** Increased sense of purpose: understanding how they can make a difference. (Develop passion towards SSA related work)
- V.** Voice: how volunteers get information (Through SPFA Telegram/Social Media)
- E.** Easy to sign up, to get there & to get the job done (via SPFA website and email)
- R.** Recognition. Being thanked, appreciated, and celebrated (Testimonials, vouchers, etc)
- S.** Social opportunities: making new friends and working in a team (Connections)

**Volunteerism** is a key factor in not just the success of SPFA, but the maturity of our nation. We have developed and defined specific roles below to dispel ambiguity, so why wait, start with us:

| General Roles          |   |
|------------------------|---|
| Profession             | Family life educators, psychologists, social workers, counsellors, teachers, parent educators who have a keen interest in contributing to the community by enriching family life, willing to give talks or conduct workshops. |
| Administrative support | Run programs/events and liaise with external vendors. Pull in 3 <sup>rd</sup> party beneficiaries.  |
| Herit-Preneur Roles    |   |
| Mentor/Befriender      | Engage both students/elders during SAC visits/educational programs.   |
| Photographer           | Assist in taking photos of events especially at school presentations/outings.   |
| Logistic support       | Assist in packing goodie bags, arrange equipment, and miscellaneous behind-the-scene work.  |

## HONORARY TREASURER'S REPORT



FY2019 had been an exciting and challenging year for SPFA. We continue to maintain a healthy Balance Sheet in 2019 though we ended the year with a deficit of S\$149,495 as compared to the deficit of S\$135,816 in 2018. This is mainly due to (1) the lack of donation and drop-in counselling activities in 2019, and (2) the office insurance claim in 2018 for the water damage amounting to S\$15,151. This was offset by the S\$10,500 grant we received during the year from the National Youth Council (NYC) for the Herit-preneur program. The operating expenses were maintained at the same level as 2018.

During the year, we were faced with major changes in leadership within the Board of Directors, as well as, with the full-time staff. We now employed three full time enthusiastic and dedicated employees to deliver and support the Association's programs and its mission.

We continued to revitalize the Association as began in 2018. As mentioned last year, one of the programs we were developing was working and partnering with schools that which SPFA refers to as Herit-preneur. We commenced the Herit-preneur program with Hwa Chong International and Anderson Secondary School and held fund-raising activities with the respective students and their teachers. SPFA also sought partnerships with other Voluntary Welfare Organizations (VWO) in 2019 and had organized activities with the elders within the community.

Towards the end of 2019, we had secured a 3-year rental commitment with an option to renew for another 2 years at the property at Gambas Crescent for a monthly income of S\$1,800 commencing April 2020, giving the tenant one-month free rental in March 2020.

And with the recent COVID-19 outbreak, we are conscious that it would affect our planned activities including the Herit-preneur program. We are, however, working on how best to manage it. The activities we had in 2019 continued to be primarily funded from the proceeds of the sale of the commercial property in 2017. Other than the NYC grant, the Association received minimal donation in 2019. We, therefore, continue to seek more generous corporate and individual donations, as well as, sponsorships to support the Association to deliver more effective programs and services towards achieving its mission. Any amount will be received with full gratitude from our sincere hearts.

As always, we continue to look forward to an even more exciting year in 2020.

***Mrs Winnie Cruz-Ding***

Honorary Treasurer

**SINGAPORE PLANNED FAMILIES ASSOCIATION****(Registered in the Republic of Singapore)****STATEMENT OF FINANCIAL POSITION AS AT 31 DEC 2019**

|                                    | Note | 2019<br>S\$    | 2018<br>S\$    |
|------------------------------------|------|----------------|----------------|
| <b>Assets</b>                      |      |                |                |
| <b>Non-current assets</b>          |      |                |                |
| Plant and equipment                | 4    | 21,811         | 24,977         |
| Investment property                | 5    | 400,981        | 417,020        |
|                                    |      | <u>422,792</u> | <u>441,997</u> |
| <b>Current assets</b>              |      |                |                |
| Other receivables                  | 6    | 2,147          | 643            |
| Cash and cash equivalents          | 7    | 329,790        | 461,207        |
|                                    |      | <u>331,937</u> | <u>461,850</u> |
| <b>Total assets</b>                |      | <u>754,729</u> | <u>903,847</u> |
| <b>Funds and liabilities</b>       |      |                |                |
| <b>Funds</b>                       |      |                |                |
| General fund                       |      | <u>746,411</u> | <u>895,906</u> |
| <b>Current liabilities</b>         |      |                |                |
| Other payables                     | 8    | <u>8,318</u>   | <u>7,941</u>   |
| <b>Total funds and liabilities</b> |      | 754,729        | 903,847        |

The annexed notes form an integral part of and should be read in conjunction with these financial statements.

For our full financial statements for FY2019, please visit <https://www.charities.gov.sg>.

**SINGAPORE PLANNED FAMILIES ASSOCIATION****(Registered in the Republic of Singapore)****STATEMENT OF COMPREHENSIVE INCOME****YEAR ENDED 31 DECEMBER 2019**

|   | Note | 2019<br>S\$      | 2018<br>S\$      |
|---|------|------------------|------------------|
| <b>Income</b>   |      |                  |                  |
| Contributions and sponsorships  |      | -                | 840              |
| Donations   | 9    | 421              | 6,897            |
| Event income  |      | 4,558            | 300              |
| Care & Share income   |      | 1,691            | 1,691            |
| Sales of book   |      | -                | 8                |
| Seminar and workshop income   |      | 210              | 150              |
| Counselling fee   |      | 725              | 3,640            |
|   |      | <u>7,605</u>     | <u>13,526</u>    |
| <b>Other income</b>   |      |                  |                  |
| National Youth Fund   |      | 10,500           | -                |
| Subscription fee  |      | 170              | 240              |
| Wage credit scheme payout   |      | 392              | 735              |
| Sundry income   |      | 2,044            | 19,623           |
|   |      | <u>13,106</u>    | <u>20,598</u>    |
| <b>Total income</b>   |      | 20,711           | 34,124           |
| Less: Operating expenses (Schedule 1)   |      | (170,206)        | (169,940)        |
| <b>Deficit before income tax</b>  |      | <u>(149,495)</u> | <u>(135,816)</u> |
| Income tax  | 10   | -                | -                |
| <b>Deficit for the year, representing total comprehensive loss for the year</b> |      | <u>(149,495)</u> | <u>(135,816)</u> |

For our full financial statements for FY2019, please visit <https://www.charities.gov.sg>.

**SINGAPORE PLANNED FAMILIES ASSOCIATION****(Registered in the Republic of Singapore)****SCHEDULE OF OPERATING EXPENSES****YEAR ENDED 31 DECEMBER 2019**

|                                     | <b>2019</b>    | <b>2018</b>    |
|-------------------------------------|----------------|----------------|
|                                     | <b>S\$</b>     | <b>S\$</b>     |
| Accountancy fee                     | 4,800          | 4,800          |
| Advertisement and promotion         | -              | 171            |
| Audit fee                           | 3,500          | 2,500          |
| Bank charges                        | 212            | 101            |
| Cleaning expenses                   | 2,205          | 2,175          |
| Course fee                          | 2,315          | 916            |
| CPF and SDL contributions           | 15,031         | 15,872         |
| Depreciation of plant and equipment | 4,803          | 3,019          |
| Depreciation of investment property | 16,039         | 9,356          |
| Event expenses                      | 3,245          | 1,927          |
| Gifts and condolence                | 391            | -              |
| Insurance                           | 2,479          | 3,379          |
| Internet charges                    | 170            | 1,409          |
| Late payment penalty                | -              | 7              |
| Medical fee                         | 1,442          | 5,722          |
| Office refreshment                  | 547            | 242            |
| Office supplies                     | 96             | 531            |
| Office upkeep                       | 1,056          | 334            |
| Postage and courier charges         | 19             | 17             |
| Printing and stationery             | 176            | 428            |
| Property tax                        | 1,843          | 1,592          |
| Rental of copier                    | 2,729          | 1,926          |
| Rental of office premises           | 5,894          | 5,894          |
| Repair and maintenance              | 6,097          | 4,922          |
| Salaries                            | 89,630         | 96,231         |
| Seminar expenses                    | 118            | 1,160          |
| Subscription fee                    | 125            | -              |
| Transport and travelling expenses   | 588            | 1,004          |
| Telephone charges                   | 1,880          | 2,018          |
| Utilities                           | 2,776          | 2,287          |
| <b>Total operating expenses</b>     | <b>170,206</b> | <b>169,940</b> |

The annexed notes form an integral part of and should be read in conjunction with these financial statements.

**SINGAPORE PLANNED FAMILIES ASSOCIATION****(Registered in the Republic of Singapore)****STATEMENT OF CHANGES IN FUNDS****YEAR ENDED 31 DECEMBER 2019**

|   | <b>General fund<br/>S\$</b> | <b>Designated<br/>fund<br/>S\$</b> | <b>Total<br/>fund<br/>S\$</b> |
|---|-----------------------------|------------------------------------|-------------------------------|
| <b>Balance at 1 January 2018</b>        | 1,031,722                   | -                                  | 1,031,722                     |
| Total comprehensive income for the year | (135,816)                   | -                                  | (135,816)                     |
| <b>Balance at 31 December 2018</b>      | <u>895,906</u>              | <u>-</u>                           | <u>895,906</u>                |
| Total comprehensive loss for the year   | (149,495)                   | -                                  | (149,495)                     |
| <b>Balance at 31 December 2019</b>      | <u><u>746,411</u></u>       | <u><u>-</u></u>                    | <u><u>746,411</u></u>         |

The annexed notes form an integral part of and should be read in conjunction with these financial statements.

**SINGAPORE PLANNED FAMILIES ASSOCIATION****(Registered in the Republic of Singapore)****STATEMENT OF CASH FLOWS****YEAR ENDED 31 DECEMBER 2019**

|   | Note | 2019<br>S\$      | 2018<br>S\$      |
|---|------|------------------|------------------|
| <b>Cash flows from operating activities</b>           |      |                  |                  |
| Deficit for the year                                  |      | (149,495)        | (135,816)        |
| Adjustments for:                                      |      |                  |                  |
| Depreciation of plant and equipment                   |      | 4,803            | 3,019            |
| Depreciation of investment property                   |      | 16,039           | 9,356            |
| Operating deficit before working capital changes      |      | (128,653)        | (123,441)        |
| Changes in working capital:                           |      |                  |                  |
| Other receivables                                     |      | (1,504)          | -                |
| Other payables  |      | 377              | 708              |
| <b>Net cash used in operating activities</b>          |      | <u>(129,780)</u> | <u>(122,733)</u> |
| <b>Cash flows from investing activities</b>           |      |                  |                  |
| Purchase of plant and equipment                       |      | (1,637)          | (26,209)         |
| Purchase of investment property                       |      | -                | (426,376)        |
| <b>Net cash used in investing activities</b>          |      | <u>(1,637)</u>   | <u>(452,585)</u> |
| <b>Net decrease in cash and cash equivalents</b>      |      | (131,417)        | (575,318)        |
| <b>Cash and cash equivalents at beginning of year</b> |      | 461,207          | 1,036,525        |
| <b>Cash and cash equivalents at end of year</b>       | 6    | <u>329,790</u>   | <u>461,207</u>   |

The annexed notes form an integral part of and should be read in conjunction with these financial statements.

## LIST OF DONORS & DONATIONS

### Non-Tax Deductible

|          |               |           |
|----------|---------------|-----------|
| 13/06/19 | Lim Huey Yuee | \$ 100.00 |
| 12/12/19 | Anonymous     | \$ 321.00 |

### DONATIONS

As SPFA no longer receives direct funding and is not a member of the Community Chest, our sustenance is largely dependent on public support for our programs and services toward the betterment of our nation.

Donations can be made in a number of ways:

- Cash payments in person to the Administrator at the office of the Association.
- Cheque mailed to the Association: Singapore Planned Families Association, Blk 3A Holland Close #01-55, Singapore 272003
- Direct Deposit into the Association's DBS Bank Account No.: 008-013219-4

For all donations, receipts will be issued.

SPFA also benefits from Giving.sg the online donation portal.

Please:

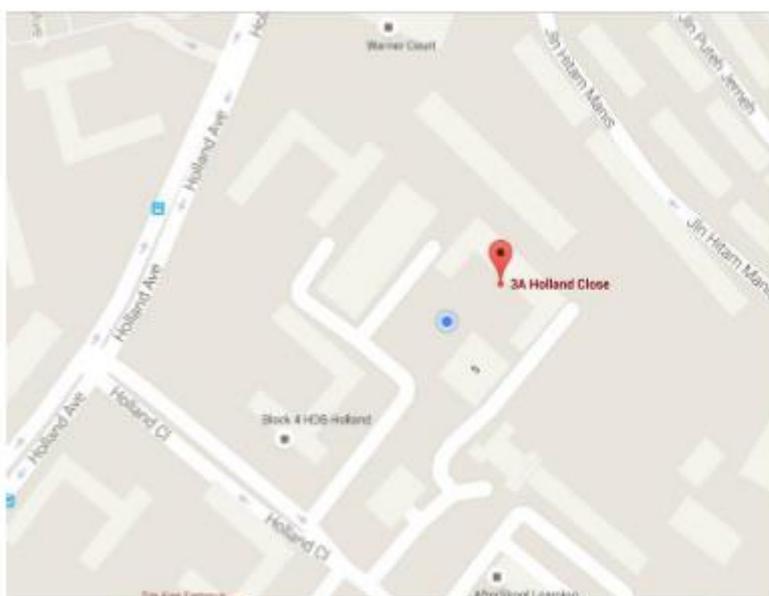
- visit the website <https://www.giving.sg/singapore-plannedfamilies-association>
- donate using your credit card or direct debit (internet banking).

Your donation will go a long way to enable us to help the disadvantaged families and at-risk individuals and youth. Thank you so much.



## SINGAPORE PLANNED FAMILIES ASSOCIATION

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