



SINGAPORE PLANNED FAMILIES ASSOCIATION

ANNUAL REPORT

For the Year Ended 31 December 2018



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BOARD OF DIRECTORS



From left: Ms Angelina Hing, Dr Sundardas D Annamalay (*Vice President*), Mr Ong Keng Wan, Edward (*President*), Mr Cynric Wee (*Hon. Secretary*), Ms Winnie Cruz-Ding (*Hon. Asst. Treasurer*), Mr Steven Tham (*Executive Director*), Ms Edwards Jacqueline Judy

Not in picture: Dr Chen Sze Hua (*Hon. Treasurer*), Ms Maria Boey Yuet Mei, Mr Lim Poh Quee, Mr Teo Cheng Tee

Name	Designation	Elected/ Co-opted	Attendance of Board and ExCo
Mr Ong Keng Wan, Edward	President	10 Apr 2017	10/10
Dr Sundardas D Annamalay	Vice President	10 Apr 2017	10/10
Mr Cynric Wee	Hon. Secretary	10 Apr 2017	5/10
Dr Chen Sze Hua	Hon. Treasurer	10 Apr 2017	3/10
Ms Winnie Cruz-Ding	Hon. Asst. Treasurer	28 Aug 2017	5/10
Ms Maria Boey Yuet Mei	Board Member	10 Apr 2017	7/9
Ms Edwards Jacqueline Judy	Board Member	24 Apr 2017	9/9
Mr Lim Poh Quee	Board Member	19 Jun 2017	5/9
Mr Teo Cheng Tee	Board Member	28 Aug 2017	2/9
Ms Angelina Hing	Board Member	21 May 2018	3/4

VISION & MISSION

Singapore Planned Families Association (SPFA) is an Institution of Public Character (IPC) and an independent volunteer welfare organization affiliated with the National Council of Social Service (NCSS) and National Volunteer & Philanthropy Centre (NVPC).

SPFA contributed to Singapore since 1949, first as the Singapore Family Planning Association and from November 2015 as the **Singapore Planned Families Association** in line with its renewed and refocused vision and mission.

Our **VISION** is: *Promotion of healthy family values, human sexuality and reproduction leading to the building of strong, happy families and society.*

Our **MISSION** is to:

- **Promote** healthy values on human sexuality and reproduction through advocacy and education.
- **Provide** support to individuals and families at risk.
- **Prepare** young people to develop strong families.

This mission can only be accomplished with the help and dedication of volunteer members and staff, and by working in close partnerships with expert resource personnel and the community.

SPFA is a member of the National Council of Social Service and the National Volunteer & Philanthropy Centre

PRESIDENT'S MESSAGE



We warmly invite you to review our 2018 year of modest accomplishment and growth.

After adding two new Directors towards end of 2017 to strengthen our Board, we were very pleased to welcome Ms Angelina Hing in May 2018, a former Family Court magistrate, now in private practice.

Our challenges continued in two main areas.

After making the painful decision to leave the IPPF, when we no longer subscribed to the objectives, and as funding had ceased from the Federation which we co-founded in November 1952, it became a financial struggle to fully function.

As reported last year, after three years of draining reserves, and lack of local funding or donations, we had decided to sell our small commercial property in order to survive and be active again with programmes to serve our society.

With the breakaway, we also changed our name to Singapore Planned Families Association in 2015. We adopted a revised mission to focus on promoting strong family values and healthy human sexuality to encourage reproduction with happy sustainable families.

Next, we sought to strengthen our staffing position and appointed a Executive Director after many years without one. This was to have a full time professional to plan and direct the Association's vision and programmes to accomplish the mission.

To address issues of decreasing and late marriages, declining birth rates, smaller family size, the ageing population and diversity we continue to review how our Association can respond.

Whilst planning for major projects we embarked on several public education Talks which covered general topics. These programmes may be gleaned in the other parts of this Report. We are working towards a second symposium on "A Values-based Society" to commemorate our 70th Anniversary in 2019.

With much appreciation to our very supportive EXCO members and Board of Directors, our loyal staff, faithful members, generous supporters and caring volunteers.

Edward Ong Keng Wan, PBM
President

EXECUTIVE DIRECTOR'S MESSAGE



I joined the Singapore Planned Families Association on April 2018. It has been a challenging year but at the same time the beginning of a meaningful journey for me with SPFA. There are many things to accomplish and our limited resources only make the goals highly aspirational for us to accomplish. Unfortunately, we lost our IPC status in May 2018 due to the lack of activities in previous years. Nevertheless, we continued to serve the community by having counselling and organizing public talks and community activities throughout the year. Despite lacking the benefits of the IPC status, we managed to collaborate with the Institute of Parks and Recreation Singapore to raise about \$5,000 in a cycling event on 28 October 2018. We were also able to bring the elderly from the Fei Yue Senior Activity Centre at Holland Close on an outing on 2 September 2018 by hiring handicap buses to help them to commute to Clarke Quay for a boat ride. 9 public talks were organized at the YMCA @ One Orchard. We also began to slowly see a stream of regular clients attending counselling as we revived this service.

The coming new year is filled with fervour and apprehension as we wish to launch new projects such as The “Herit-preneur project” with youths and organise a symposium cum dinner to celebrate our 70th anniversary. The “Herit-preneur project” is to raise a generation of youths who are value-centered, and it involves the youths with the elderly. We wish to reach out to 3,500 youths and adults in the community to share the importance of having good values in life. We also aim to establish a “Herit-preneur Club” for the youths to develop and sustain the interest of growing their life values.

We also hope to be given the IPC status again. We will continue to provide public talks and expand on the area of counselling to the community.

Steven Tham

INFORMATION RELATING TO THE CHARITY

Singapore Planned Families Association was first set up as Singapore Family Planning Association on 22.07.1949 as a society. It was registered under the Charities Act on 19.08.1963.

Unique Entity Number (UEN): S63SS0018K

Registered Address Block 3A Holland Close #01-55 Singapore 272003

Banker DBS Bank Ltd
MayBank

Auditor K.K. Lim & Co. Public Accountants and Chartered Accountants
47B Tras Street. Singapore 078986

POLICIES

Funding Sources The Charity is financially supported by donations from its members and the public as well as indirect grants from the Government of Singapore.

Memberships The Charity is open to the public for participation in its charitable activities in helping the needy. Classes, talks, program and projects are also conducted for the public in pursuing the vision and mission of the Charity.

As of 31 December 2018, the total number of members was 40, comprising 28 Life Members and 12 Ordinary Members.

Ensuring Regulatory Relevance and Compliance To enhance transparency and accountability, SPFA's annual report and financial statements are available online for free viewing via the Charity Portal

Conflict of Interest Disclosure Pursuant to Article 5.8 Conflict of Interests in SPFA's Constitution, all directors had declared in writing the nature and extent of any relationship, arrangement, contract or agreement, if any, which may result in a conflict of interest.

STAFFING

As at 31.12.2018, we have 2 full-time employed by the Charity, 1 part-time contract service, 2 part-time volunteers and 1 part-time interim.

CALENDAR OF EVENTS

Dates	Events
05 Feb 2018	Extra-Ordinary General Meeting
28 Feb 2018	Public Health Program in NYP
26 Mar 2018	SPFA Annual General Meeting
18 Apr 2018	Importance of Family Planning – for clients of Prudential
06 Aug 2018	EQ with My Family & Friends by Dr P J John
20 Aug 2018	Towards a Happy Retirement - More than Money by Mr Edward Ong
25 Aug 2018	Community Chest Heartstrings Walk 2018 – around Bayfront
01 Sep 2018	Succession Planning – by Mr Teo Cheng Tee
02 Sep 2018	“My Family Weekend Fun Day” River Cruise - Outing for Elderly
24 Sep 2018	Parenting in the 21st Century and Effective Communication with Today’s Children – by Mr David Leong
22 Oct 2018	Is Your Kid on DRUGS? – by CNB
28 Oct 2018	“We Cycle for Sustainability” – Family event from the City Hall
26 Nov 2018	Is Your Kid on DRUGS? – by CNB

SPFA Directors/Staff attended the following meetings/events:

28 Feb 2018	Board Members Network at NCSS
9 May 2018	Risk Management Community of Practice for Social and Welfare Charities
29 Jun 2018	Strategy Track Run 1 – 1st workshop session
06 Jul 2018	Strategy Track Run 1 - 2nd workshop session
24 Jul 2018	Social Service Summit & NCSS Annual General Meeting
04 Aug 2018	Buona Vista National Day Dinner
15-16 Nov 2018	Restorative Practice Conference 2018

HONORARY SECRETARY'S REPORT



The year 2018 started off encouragingly with the Association in a better position than 2017 as we sold our commercial premises located in Peck Chuan Building, to create funds to move SPFA forward for the year 2018.

With the surplus of funds, SPFA acquired an industrial unit at Proxima Gambas as an investment for rental revenue and future capital gain.

And with this new hope, SPFA looked to hire a full-time and experienced Executive Director to champion our goals towards a clearer direction in relation to our SPFA Vision and Mission.

To this end, Mr Steven Tham was recruited as the Executive Director, joining us in April 2018 and coming from a Family Service Centre.

Our counselling service was resumed as Mr Tham who is a qualified counsellor with a master's degree and also a registered clinical supervisor from the Singapore Association for Counselling.

Numerous initiatives were launched in the area of public education related to family values and bringing up good families, in the 2nd half of 2018 but the attendance was not as satisfactory in attendance. The two main reasons were that our staff was not familiar with publicity and media processes and the other was due to the already saturated market of many free seminars and talks.

On 25 August 2018, SPFA participated in the Community Chest Heart-Strings Walk 2018, and we had 25 participants.

On 28 October 2018, a charity cycling event "We Cycle for Sustainability with Families & Friends" was organized in collaboration with The Institute of Parks and Recreation Singapore (IPRS). Indeed, it was a good learning for us to organise future cycling events for families to participate.

A new project called "Herit-preneur" was launched in the last quarter of the Year. It had an encouraging response with 3 interested schools, out of which 1 (Hwa Chong International School) confirmed as the first participant. And indeed, we look forward to a more promising year 2019 with more schools participating in this new Initiative.

The Board of Directors met on 10 occasions and EXCO met only when necessary in between Board meetings for FY 2018.

As of now, our struggle continues with our operational expenses exceeding the income generated.

As the Honorary Secretary of SPFA, I take this opportunity to thank all the board members, management and staff who put in the effort and commitment to serve SPFA through this difficult time of restoring SPFA.

Cynric Wee
Hon. Secretary

SPFA COUNSELLING SERVICE

Our counseling service aims to meet the emotional and psychological needs of individuals, couples and families with relational, sexual and reproductive health issues. Presently, counselling is provided mainly through face-to-face sessions only, although some requests by phone were accommodated.

SPFA seeks to provide information and counselling to build strong, happy families in a multi-racial and multi-religious society through the inculcation of healthy family values in human sexuality, reproductive health and counselling.

During the term, several such cases were also attended to by volunteer counsellors as we were still unable to engage a full-time counsellor.

As of 31 December 2018, we have conducted a total number of 41 counselling sessions.

VOLUNTEERS' CORNER

A truly heartfelt **THANK YOU** to all SPFA Volunteers, especially our Executive Committee Members, Board of Directors; and, not forgetting our members and other volunteers for giving their valuable time and effort throughout 2018. You have each made significant contributions to the lives of families and individuals. You are building stronger communities for Singapore.

Volunteerism is a key factor in the success of SPFA. You may wish to consider the following volunteering opportunities:

- **Professional Volunteers** such as family life educators, psychologists, social workers, counsellors, teachers, doctors, lawyers, parent educators who have a keen interest in contributing to the community by enriching family life, willing to give talks and/or conduct workshops in their respective areas of expertise and training.
- **Administrative Support** in the form of the running of programs and events on weekends (usually Saturdays & Sundays)
- **Contribution** of ideas, time and energy on innovative fund-raising projects and programmes.

EXTRA-ORDINARY GENERAL MEETING

The Extra-Ordinary General Meeting was held on 5 February 2018 with a quorum. At the time of the EOGM, SPFA had 31 Life Members and 9 Ordinary Members on the Register of Members. It was held to approve the purchase of the property at 50 Gambas Crescent, #10-19 Proxima @ Gambas, Singapore 757022, and to appoint trustees for the property. These were approved unanimously by members present.

ANNUAL GENERAL MEETING

The Annual General Meeting was held on 26 March 2018 with a quorum. At the time of the AGM, SPFA had 31 Life Members and 9 Ordinary Members on the SPFA's Register of Members.

PUBLIC AND EDUCATIONAL TALKS

Public Health Talk at Nanyang Polytechnic



SPFA was invited by The School of Health Sciences (Nanyang Polytechnic) and Nanyang Polytechnic International (NYPi) to present a talk 'Safe Sex – Youths' Perspectives in Singapore' on 28 February 2018. This talk was a collaboration between NYPi and Temasek Foundation, and Mr Edward Ong, President of SPFA spoke on the health topics of adolescents and youths. The attendees were health care providers and managers working at various health care institutions and departments who are Centre Specialists from Mongolia.



Importance of Family Planning

Prudential Assurance Company Singapore requested SPFA to give a talk on parenthood, targeting young parents who have just started or are planning to start a family. It was part of a seminar entitled “Planning With Love” organised on 18 April 2018.

Mr Edward Ong, President of the Association, shared “Importance of Family Planning”. Topics included: What is family planning about, what does it involve? Biases and myths, benefits of family planning and the joy of safe sex.

Other topics included “Motherhood Experience” by popular Mediacorp DJ of 93.3, Ms Lim Pei Fen.

Ms Zoe Chu, a Baby & Child Sleep Expert of SG Supernanny, enlightened on “Baby Keeps Waking Up & Takes Naps Less than 30 minutes”.



EQ with My Family & Friends

Dr P. J. John was the speaker of SPFA's public talk at YMCA@One Orchard on 6 August 2018. He shared that connection and communication with friends requires us to have good people skills and emotional intelligence. Among family members, it is as important and they are not to be ignored.

So good communication skills are necessary to help us handle with the mental, emotional and psychological differences among people.



Discussion among speaker and participants.



Group photo



Towards a Happy Retirement - More than Money

On 20 August 2018, Mr Edward Ong, President of the Association shared “Towards a Happy Retirement - More than Money”. It was reported that in the year 2018, the number of elderly Singaporeans aged 65 and above and youths aged 15 and below will be the same. The audience were treated with ideas on how to avoid financial anxiety and live happily upon retirement in Singapore. The talk was partly posted live on Facebook.



Discussion among speaker and participants.

Succession Planning

Mr Teo Cheng Tee, a practising lawyer of 25 years and a board member of the Association, shared his expertise about the law of succession. He touched on the legal aspects of the distribution of a deceased’s wealth upon death, through wills, intestacy, probate and administration, and dealings relating to real property. This interesting talk was held on 1 September 2018.



Parenting in the 21st Century and Effective Communication with Today's Children

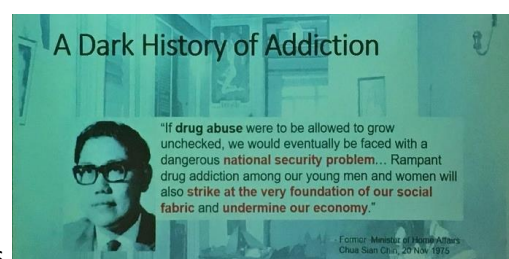
Mr David Leong, a Children & Families Educator and a registered instructor with the Ministry of Education (MOE) spoke about the challenges parents encountered in the 21st century. For example, children and even parents are occupied with their handphones whenever they find the time. This talk on 24 September 2018 helped parents to have a better understanding of their children in the Generation Z & Generation Alpha.



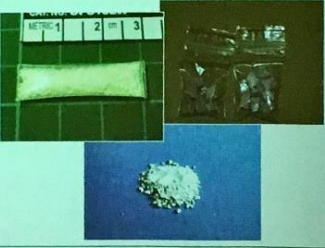
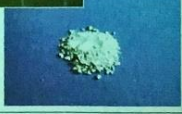
One of the attendees, having discussion with the speaker after the talk

Is Your Kid on DRUGS?

The influence of drugs abuse is not to be ignored in our society today. Speaker: Mr Idrus Shaaban who is an officer with CNB with over 20 years of experience gave two talks on 22 October 2018 and 26 Nov 2018 at YMCA@One Orchard. He gave an overview of the drug situation and highlighted the shift in drug trends in Singapore. The audience heard about preventive drug education (PDE) strategies that CNB adopts against drug abuse and the key role that parents could play keeping their children away from the influence of drugs. He included some simple techniques to engage and communicate with the youths on drug-related issues.



History about drugs

Heroin	
Street Names: White / Powder / Putih / Medicine / Ubat / Peh hoon	
Side Effects: <ul style="list-style-type: none"> • Aches and spasms • Stomach cramps and convulsion • Shaking and vomiting • Runny nose • Watery eyes • Loss of appetite • Diarrhea 	
Common Abuse Methods: <ul style="list-style-type: none"> • Heating the heroin powder and sniffing in the fumes • Dissolve heroin powder in water and inject intravenously 	Common Retail Form and Retail Price: <ul style="list-style-type: none"> • Typically come in white/brown powder packed in cut straws for easy carrying and consumption. • Cost about \$30 per straw

New Psychoactive Substances - NPS	
Street Names: K2/K3/K4/K5/Spice/Bath Salts/Kronic/Bromo-dragonfly	
Side Effects: <ul style="list-style-type: none"> • Hallucinations / Paranoia • Heart palpitations • Seizure • Death 	
Common Abuse Methods: <ul style="list-style-type: none"> • Oral ingestion • Smoking 	Common Retail Form : <ul style="list-style-type: none"> • Powder / tablets / vegetable matter

Information about drugs.



COMMUNITY ACTIVITIES

Community Chest Heartstrings Walk 2018



Group photo before the walk

On Saturday 25 Aug 2018, about 25 volunteers together with their families and friends enjoyed a time of family and friendship bonding through Community Chest Heartstrings Walk. The walk began at 8.30am and it was a leisurely walk in the heart of our city. One of our young participants had a chance to play the carnival game, Table Bull's Eye, with Deputy Prime Minister Teo Chee Hean on that day.



How-to put-on bandana



Do I look handsome! 😊



DPM Teo having a game with one of our young participants



Lunch fellowship after all the hard work, walk!

My Family Weekend Fun Day River Cruise - Elderly Outing

Families for life organised 'My Family Weekend' on 2 September for the public to have family time. We took the opportunity to bring the elderly to this event, and they spent half a day (from 2 pm until 6.30pm) there watching performance such as stage singing and puppet shows, mascot skit. There were other stalls like puppet-making booth and a photo booth. The finale was a river cruise ride sponsored by United Overseas Bank and all the elderly, and the volunteers took the ride to relax after the day's activities. We enjoyed the beautiful landscape of Singapore as the boat took the journey along the Singapore River and Marina Bay to have a glimpse of the Merlion, Raffles' Landing Site and Esplanade from another angle.

Forty-eight elderly residents from the Housing Development Board rental blocks, from Holland Close and Commonwealth Crescent, went for the outing including nine individuals in wheelchairs. They were attended to by 17 volunteers who did a wonderful work of befriending and taking care of the needs of the elderly especially those who were less mobile physically. Although it was a tiring day, the elderly were happy and wished that we would bring them out again soon.

"Thank you so much for bringing us out. We really appreciate what you have done. Don't wait until next year before you bring us out again." (Mdm Ong)



Cycling event, “We Cycle for Sustainability with Families & Friends”

In collaboration with The Institute of Parks and Recreation Singapore (IPRS), and H2H Global Philanthropy, we had a time of morning workout with our participants cycling and walking. We were glad that through this event we managed to raise a modest \$5000 for our Association. The event was part of the car-free Sunday organised by Urban Redevelopment Authority (URA) on 28 October 2018.



Group photo before the race



Flag off by Mr Edward Ong, President of SPFA

Tired, Full & Happy!

“Take time for fellowship meal in good company whenever you can. There is no need for hurry in life — least of all when we are eating.” - Edward Everett Hale



HONORARY ASSISTANT TREASURER'S REPORT



FY2018 had been an exciting year for SPFA. We managed to maintain a healthy balance sheet as a result of the proceeds from the sale of the commercial asset in Lavender Street. We also took the opportunity with a property investment in Gambas Crescent though we have yet to see any rental returns in view of the tough market.

Nevertheless, we ended the year with a deficit of S\$135,816 as compared to the deficit of S\$50,875 in 2017 after adjusting for non-recurring income arising from the sale of the commercial property. This is mainly due to the loss of a previous rental income in 2017 and the hiring of a full-time Executive Director in the 2nd quarter of 2018 that resulted in an increase in our Operating expenses to about S\$85,000.

In 2018, the Association developed and introduced a number of programmes and participated in events that were geared towards its mission. Some programmes developed in 2018 are materializing in 2019 including one where it involves working and partnering with schools. This is made possible with the strong dedication and partnership between the Association's Board of Directors, the full-time Executive Director, and one other full-time staff.

The programmes and activities we had in 2018 were primarily funded from the proceeds of the sale of the commercial property in 2017. The Association received less than S\$10,000 in donations and sponsorships in 2018 and the years prior. We, therefore, continue to seek more corporate and individual donations as well as sponsorships to support the Association to deliver more effective programmes and services towards achieving its mission.

Please do donate generously so that SPFA can focus on its vision to promote healthy family values, healthy human sexuality and healthy reproduction leading to the building of strong, happy families and society.

Any amount will be received with full gratitude from our sincere hearts. Meanwhile, we look forward to the reinstatement of our IPC status from the Commissioner of Charities after sharing the challenges we had faced and how we have been overcoming them.

With this, we look forward to an even more exciting year in 2019.

Winnie Cruz Ding (Mrs)

Hon. Asst. Treasurer

SINGAPORE PLANNED FAMILIES ASSOCIATION

(Registered in the Republic of Singapore)

STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2018

	Note	2018 S\$	2017 S\$
Assets			
Non-current assets			
Plant and equipment	4	24,977	1,787
Investment property	5	417,020	-
		<u>441,997</u>	<u>1,787</u>
Current assets			
Deposits		643	643
Cash and cash equivalents	6	461,207	1,036,525
		<u>461,850</u>	<u>1,037,168</u>
Total assets		<u>903,847</u>	<u>1,038,955</u>
Funds and liabilities			
Funds			
General fund		895,906	1,031,722
		<u>895,906</u>	<u>1,031,722</u>
Current liabilities			
Other payables	7	7,941	7,233
		<u>7,941</u>	<u>7,233</u>
Total funds and liabilities		<u>903,847</u>	<u>1,038,955</u>

For our full financial statements for FY2018, please visit <https://www.charities.gov.sg>.

SINGAPORE PLANNED FAMILIES ASSOCIATION

(Registered in the Republic of Singapore)

STATEMENT OF COMPREHENSIVE INCOME

YEAR ENDED 31 DECEMBER 2018

	Note	2018 S\$	2017 S\$
Income			
Contributions and sponsorships		840	587
Donations	8	6,897	7,430
Event income		300	-
Care & Share income		1,691	-
Sales of book		8	-
Seminar and workshop income		150	100
Counselling fee		3,640	130
		<u>13,526</u>	<u>8,247</u>
Other income			
Gain on disposal of investment property		-	854,244
Subscription fee		240	180
Rental income from investment property		-	21,000
Wage credit scheme payout		735	735
Sundry income		19,623	335
		<u>20,598</u>	<u>876,494</u>
Total income		34,124	884,741
Less: Operating expenses (Schedule 1)		(169,940)	(81,372)
(Deficit)/surplus before income tax		<u>(135,816)</u>	<u>803,369</u>
Income tax	9	-	-
(Deficit)/surplus for the year, representing total		<u>(135,816)</u>	<u>803,369</u>

For our full financial statements for FY2018, please visit <https://www.charities.gov.sg>.

SINGAPORE PLANNED FAMILIES ASSOCIATION

(Registered in the Republic of Singapore)

SCHEDULE OF OPERATING EXPENSES

YEAR ENDED 31 DECEMBER 2018

	2018	2017
	S\$	S\$
Accountancy fee	4,800	4,800
Advertisement and promotion	171	-
Audit fee	2,500	2,500
Bank charges	101	314
Cleaning expenses	2,175	2,505
Course fee	916	-
CPF and SDL contributions	15,872	6,276
Depreciation of plant and equipment	3,019	1,485
Depreciation of investment property	9,356	2,931
Event expenses	1,927	1,650
Insurance	3,379	2,050
Internet charges	1,409	1,396
Late payment penalty	7	18
Medical fee	5,722	93
Office refreshment	242	145
Office supplies	531	64
Office upkeep	334	334
Postage and courier charges	17	43
Printing and stationery	428	488
Property tax	1,592	-
Rental of copier	1,926	1,926
Rental of office premises	5,894	5,894
Repair and maintenance	4,922	5,540
Salaries	96,231	36,400
Seminar expenses	1,160	615
Transport and travelling expenses	1,004	52
Telephone charges	2,018	1,799
Utilities	2,287	2,054
Total operating expenses	<u>169,940</u>	<u>81,372</u>

For our full financial statements for FY2018, please visit <https://www.charities.gov.sg>.

SINGAPORE PLANNED FAMILIES ASSOCIATION

(Registered in the Republic of Singapore)

STATEMENT OF CHANGES IN FUNDS

YEAR ENDED 31 DECEMBER 2018

	General fund	Designated fund	Total fund
	S\$	S\$	S\$
Balance at 1 January 2017	156,565	71,788	228,353
Total comprehensive income for the year	803,369	-	803,369
Reclassification of designated fund to general fund	71,788	(71,788)	-
Balance at 31 December 2017	<u>1,031,722</u>	<u>-</u>	<u>1,031,722</u>
Total comprehensive loss for the year	(135,816)	-	(135,816)
Balance at 31 December 2018	<u><u>895,906</u></u>	<u><u>-</u></u>	<u><u>895,906</u></u>

For our full financial statements for FY2018, please visit <https://www.charities.gov.sg>

SINGAPORE PLANNED FAMILIES ASSOCIATION

(Registered in the Republic of Singapore)

STATEMENT OF CASH FLOWS

YEAR ENDED 31 DECEMBER 2018

	Note	2018 S\$	2017 S\$
Cash flows from operating activities			
(Deficit)/surplus for the year		(135,816)	803,369
Adjustments for:			
Depreciation of plant and equipment		3,019	1,485
Depreciation of investment property		9,356	2,931
Gain on disposal of investment property		-	(854,244)
Operating deficit before working capital changes		(123,441)	(46,459)
Changes in working capital:			
Other payables		708	(5,256)
Net cash used in operating activities		<u>(122,733)</u>	<u>(51,715)</u>
Cash flows from investing activities			
Purchase of plant and equipment		(26,209)	-
Purchase of investment property		(426,376)	-
Proceeds from disposal of investment property		-	1,085,796
Net cash (used in)/generated from investing activities		<u>(452,585)</u>	<u>1,085,796</u>
Net (decrease)/increase in cash and cash equivalents		(575,318)	1,034,081
Cash and cash equivalents at beginning of year		1,036,525	2,444
Cash and cash equivalents at end of year	6	<u>461,207</u>	<u>1,036,525</u>

For our full financial statements for FY2018, please visit <https://www.charities.gov.sg>

LIST OF DONORS

Name	Tax Deductible
Swift Credit Pte. Ltd.	\$2,000.00
Ms Ng Siew Siew	\$ 200.00
Mr Ong Yeow Chon	\$ 150.00

	Non-Tax Deductible
Anonymous	\$ 38.00
Mr Kirby Khoo	\$ 10.00

DONATIONS

As SPFA no longer receive direct funding and is not a member of the Community Chest, we depend to a very large extent on public support for the much-needed funds to support our programs and services in order to impact family values, human sexuality and reproductive health education.

Donations can be made in a number of ways:

- Cash payments in person to the Administrator at the office of the Association.
- *Cheque mailed to the Association: **Singapore Planned Families Association**, Blk 3A Holland Close #01-55, Singapore 272003*
- *Direct Deposit into the Association's DBS Bank Account No.: **008-013219-4***

For all donations, receipts will be issued.

SPFA also benefits from Giving.sg the online donation portal.

Please

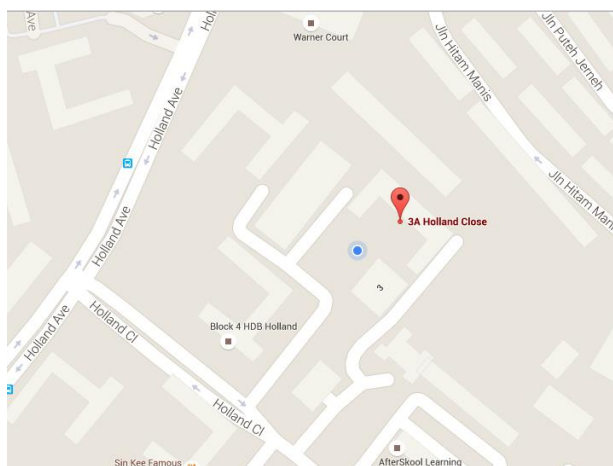
- visit the website <https://www.giving.sg/singapore-planned-families-association>
- donate using your credit card or direct debit (internet banking).

Your donation will go a long way to enable us to help the disadvantaged families and at-risk individuals and youth. Thank you so much.



SINGAPORE PLANNED FAMILIES ASSOCIATION

Blk 3A Holland Close #01-55 Singapore 272003



admin@spfa.org.sg



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