



SINGAPORE PLANNED FAMILIES ASSOCIATION

ANNUAL REPORT



For the Year Ended
31 December 2017



VISION & MISSION

Singapore Planned Families Association (SPFA) is an Institution of Public Character (IPC) and an independent volunteer welfare organization affiliated with the National Council of Social Service (NCSS) and National Volunteer & Philanthropy Centre (NVPC).

SPFA contributed to Singapore since 1949 as the Singapore Family Planning Association and continuing to do so from November 2015 as the **Singapore Planned Families Association** in line with its renewed and refocused vision and mission.

Our **VISION** is:

Promotion of healthy family values, human sexuality and reproduction leading to the building of strong, happy families and society.

Our **MISSION** is to:

- *Promote healthy values on human sexuality and reproduction through advocacy and education.*
- *Provide support to individuals and families at risk.*
- *Prepare young people to develop strong families.*

This mission can only be accomplished with the help and dedication of volunteer members and staff, and by working in close partnerships with expert resource personnel and the community.

*SPFA is a member of the National Council of Social Service
and the National Volunteer & Philanthropy Centre*





PRESIDENT'S MESSAGE

2017 was a year of consolidation for our Association.

The highlight was being honoured with a visit by Mr Chan Chun Sing, Minister in the Prime Minister's Office and the Secretary-General of the National Trade Union Congress, together with some grassroots leaders of the Constituency, at our Board meeting on 28 August.

With no further funding from IPPF over the last 3 years and our breakaway from the Federation, it became increasingly challenging for us to keep the Association going. By the middle of the year, we had almost exhausted our reserves. It was an uphill task to seek local donations.

To be more relevant to our society, we had changed our name from Singapore Planned Parenthood Association to **Singapore Planned Families Association** in 2015. It was to focus on promoting strong family values and healthy values on human sexuality and reproduction.

By mid-year, it became increasingly clear that we had to be more self-reliant with a decision to sell our long-held commercial asset in Lavender Street. The small office was put on the market and we realized a reasonable sum of slightly over a million dollars before the end of the year.

Besides the financial challenges, the Board of Directors reviewed our programmes and services to remain relevant even as more organisations were doing what we had mostly done previously. The social service sector had become greatly organised, with more requirements for compliance and accountability. How do we address issues of lower and late marriages, declining birth rates, smaller family size, the ageing population and diversity? All these related to a highly urbanised society, which other advanced cities also face.

Several programmes had to be cancelled due to lack of participation. A proposed second symposium on "A Values-based Society" also had to be cancelled as there was no sponsor. Nevertheless, we went ahead with a revamped and more comprehensive Partners for Life -Marriage Preparation Seminar.

The Board has also decided to appoint a full time Executive Director to lead a team of more professional staff to put us back to more active and targeted programmes and services. This will take place by the second quarter of 2018.

We are very grateful to our small membership and our very supportive EXCO members and Board of Directors, as well as the unseen blessings, to work together for a stronger Association and to put us on the road map once again.

Humbly,

Edward Ong Keng Wan, PBM
President

INFORMATION RELATING TO THE CHARITY

Singapore Planned Families Association was first set up as Singapore Family Planning Association on 22.07.1949 as a society. It was registered under the Charities Act on 19.08.1963.

Unique Entity Number (UEN): S63SS0018K

Registered Address: Block 3A Holland Close #01-55 Singapore 272003

BOARD OF DIRECTORS

Name	Designation	Elected/Co-opted	Attendance of Board and ExCo
Mr Ong Keng Wan, Edward	President	10 Apr 2017	10/10
Dr Sundardas D Annamalay	Vice President	10 Apr 2017	9/10
Mr Cynric Wee	Hon. Secretary	10 Apr 2017	8/10
Dr Chen Sze Hua	Hon. Treasurer	10 Apr 2017	9/10
Mr Koh Hung Chuang	Board Member	10 Apr 2017	3/9
Ms Maria Boey Yuet Mei	Board Member	10 Apr 2017	3/9
Ms Edwards Jacqueline Judy	Board Member	24 Apr 2017	7/8
Mr David Lim Poh Quee	Board Member	19 Jun 2017	6/6
Mr Teo Cheng Tee	Board Member	28 Aug 2017	1/3
Ms Winnie Cruz-Ding	Board Member	28 Aug 2017	2/3

Banker: DBS Bank Ltd

Auditor: K.K. Lim & Co.

POLICIES

Funding Sources

The Charity is financially supported by donations from its members and the public as well as grants from the Government of Singapore.

Memberships

The Charity is open to the public for participation in its charitable activities in helping the needy. Classes, talks, program and projects are also conducted for the public in pursuing the vision and mission of the Charity.

As of 31 December 2017, the total number of members was 40, comprising 31 Life Members and 9 Ordinary Members.

Ensure Regulatory Relevance and Compliance

To enhance transparency and accountability SPFA's annual report and financial statements are available online for free viewing via the Charity Portal.

Conflict of Interest Disclosure

Pursuant to Article 5.8 Conflict of Interests in SPFA's Constitution all directors had declared in writing the nature and extent of any relationship, arrangement, contract or agreement, if any, which may result in a conflict of interest.

STAFFING

As at 31.12.2017, we had 1 full-time and 2 part-time administrative staff employed by the Charity.

CALENDAR OF EVENTS

Dates	Events
10 Apr 2017	Annual General Meeting
28 Aug 2017	Visit by Minister Chan Chun Sing & entourage of grassroots leaders
30 Sep 2017	SPFA Partners for Life - Marriage Preparation Seminar 2017
11 Oct 2017	Elderly Walk in Gardens by the Bay - organised jointly by Institute of Parks and Recreation, Singapore (IPRS), Rotary Club of Novena (RCN) and Singapore Planned Families Association (SPFA).
15 Oct 2017	OWAAP: attended FAST 8th Foreign Domestic Workers' Day 2017 held at the Singapore Polytechnic Convention Centre organised by the Foreign Domestic Workers Association for Social Support and Training (Fast) and the Association of Employment Agencies (Singapore).

The following meetings were attended by SPFA directors representing SPFA:

- 5 May 2017 Sector Salary guidelines sharing session on 'Motivating Performance Through Rewards'
- 13 Oct 2017 Investment Governance - The Savvy Non-Profit
- 15 Nov 2017 The Charity Transparency & Governance Awards

SEXUALITY EDUCATION PROGRAMMES

As the Ministry of Education had a change of policy a few years ago, our sexuality education programmes for schools could not continue. This being the case, we had researched materials to be used for educational pamphlets on relationships in the family, couples, marriage and sexuality issues. Our pamphlets are now ready and in progress with funding or sponsorship.

FUND-RAISING EVENT AND ACTIVITY

SPFA started to appeal for donations to help SPFA to carry out its new vision and mission at the end of 2017 after its Constitution was amended and the renewal of its Institution of Public Character (IPC) status was received from the Ministry of Social and Family Development.



HONORARY SECRETARY'S REPORT

It was a very challenging year for us to carry out the programmes and activities that we had planned. The major problem was funding and sponsorship. Besides that, we were not able to do sufficient marketing of the exciting programmes and useful seminars to attract good registrations or participation for the year.

The activities that were not proceeded with included the Fund raising project under Citi-YMCA Youth For Causes and World Contraception Day.

There were no HIV/AIDS Awareness Programme for foreign workers (OWAAP) this year as we were unable to secure open venues or other location to conduct the programme.

Seminars on Personality Profiling, Financial and Retirement Planning, Writing of Wills, Ageing Healthily, Memory retention and improvement were also not successful.

Only the restructured Marriage Preparation Seminar went ahead but with less than satisfactory attendance.

All the above will be revisited with stronger planning and marketing to achieve the desired results.

The TOTAL FERTILITY RATE in Singapore remains low around 1.2. The TFR figures continue to be cause for concern and the Board will study how we can respond and make recommendations in the new term to address our population challenges.

The Board of Directors held 11 meetings during the year. Three new members were co-opted to the Board. We welcome Mr David Lim Poh Quee, Ms Winnie Cruz-Ding and Mr Teo Chong Tee. They bring their professional background to strengthen our Board.

Cynric Wee
Hon. Secretary

FUTURE PLANS AND COMMITMENTS

Proposed date(s)	Events / Programs / Seminars
23 Jun 2018	Family Concert
24 June 2018 (Sunday)	IPRS Cycling Fund Raising Project
21 Sep 2018	Forum on Shared Family Values - Symposium 2 - Family Values of Various Religions

SPFA COUNSELING SERVICE

Our counseling service aims to meet the emotional and psychological needs of individuals, couples and families with relational, sexuality and sexual reproductive health issues. Presently, counseling is provided mainly through face-to-face sessions only, although some requests by phone were accommodated.

SPFA seeks to provide information and counseling to build strong, happy families in a multi-racial and multi-religious society through the inculcation of healthy family values in human sexuality, reproductive health and counseling.

During the term, several such cases were attended to by volunteer counselors as were still unable to engage a full time counselor.

VOLUNTEERS' CORNER

A truly heartfelt **THANK YOU** to all SPFA Volunteers, especially our Executive Committee Members, Board of Directors; and, not forgetting our Members and other volunteers for giving of their valuable time and effort throughout 2017. You have each made significant contributions to the lives of families and individuals. You are building stronger communities for Singapore.

Volunteerism is a key factor in the success of SPFA. You may wish to consider the following volunteering opportunities:

- **Professional Volunteers** such as family life educators, psychologists, social workers, counsellors, teachers, doctors, lawyers, parent educators who have a keen interest in contributing to the community by enriching family life, willing to give talks and/or conduct workshops in their respective areas of expertise and training.
- **Sexuality Education Facilitators** to administer workshops to educational institutions, establishments and other agencies. One must be comfortable with and knowledgeable on sexuality issues, preferably trained.
- **Counselling** (Sexuality and Relationship Matters) - Volunteers who have undergone some form of counselling training, who are comfortable with and knowledgeable on sexuality issues, and who are able to volunteer their time on weekdays.
- **Administrative Support** in the form of the running of programs and events on weekends (usually Saturdays & Sundays)

- **Contribution** of ideas, time and energy on innovative fund-raising projects and programmes.

Contribute your skills, time and energy towards a meaningful and fulfilling cause.

***‘We make a living by what we get;
we make a life by what we give.’***

Be a Volunteer today and make a difference to the lives of others.

Call us at 6775 8981

ANNUAL GENERAL MEETING HELD ON 24TH MARCH 2016 AT 6.30PM

The Annual General Meeting was held on 10 Apr 2017 with a quorum. At the time of the AGM, we had on record 31 Life Members and 9 Ordinary Members on the SPFA's Register of Members. Members who had not paid their subscriptions before this AGM were not included.

Dialogue with Minister Chan Chun Sing on 28 August 2017 at SPFA



During the Board meeting on 28 Aug 2017, Directors welcomed Minister Chan Chun Sing for a dialogue with at SPFA. This was part of the purpose of strengthening the bonds within the community. SPFA is part of the Tanjong Pagar Group Representation Constituency, under Minister Chan's division, Buona Vista. Several grassroots leaders of the Constituency joined Minister Chan in his visit to our Board meeting.

Mr Chan Chun Sing is currently Minister in the Prime Minister's Office and the Secretary-General of the National Trades Union Congress (NTUC). On 1 October 2015, Chan was appointed Deputy Chairman of the People's Association. He has been a Member of Parliament (MP) representing the Tanjong Pagar Group Representation Constituency since the 2011 General Elections.

After a corporate presentation by SPFA, there was open discussion and sharing of experiences Minister Chan. He suggested some possible solutions to the challenges we faced.



SPFA Partners for Life - Marriage Preparation Seminar 2017

Partners for Life is a series of six sessions to help engaged couples or those exploring the possibility of marriage to shape strong foundations for their future together.

This Seminar provides an overview of what to expect in a relationship and to be better prepared for a lifetime partnership in marriage. Speakers touched on each partner's role and to be able to ride the long journey with fortitude and joy, through thick and thin. The following were topics and speakers:

- Cultivating the Relationship by Mr Cynric A. Wee, family counselor and former banker
- Managing Addictive Issues by Mr David P.Q. Lim, former ED of SANA
- Financial Matters by Mr Edward Ong, a businessman, financial services consultant, trainer and volunteer counselor.
- Conception & Contraception by Dr Chen Sze Hua, a Consultant Obstetrician and Gynecologist
- Partners in Parenting by Dr Sundardas D Annamalay, Professor of Natural Medicine and Naturopathic Physician
- Legal Considerations by Ms. Angelina Hing, an Advocate & Solicitor of Integro Law Chambers LLC, a family law practice

Dr Chen Sze Hua shared about Barrier methods.



Mr David Lim shared about The 5 Concentric Rehab



Saturday, 30 Sept 2017 | 9.30 am - 5.30 pm
 YMCA Seminar Room | YMCA of Singapore
 1 Orchard Road, Singapore 238824

Partners for Life is a series of six sessions to help engaged couples or those exploring the possibility of marriage and shape strong foundations for their future together.

This Seminar will provide an overview of what to expect in a relationship and to be better prepared for a lifetime partnership in marriage. Speakers will touch on each partner's role and to be able to ride the long journey with fortitude and joy, through thick and thin.

Our Speakers



Mr Cynric A. Wee Mr David P.Q. Lim Mr Edward K.W. Ong Dr Chen Sze Hua Dr Sundardas D Annamalay Ms Angelina Hing

Organiser



Sign up at this link or QR Code:

<http://bit.ly/2wD8mSC>



Mr Cynric A. Wee, shared about a little seed in a RELATIONSHIP of MISUNDERSTANDING can lead to INTOLERANCE leading to ISOLATION that leads to SEPARATION.



Cultivating the Relationship by Mr Cynric A. Wee



Interaction between speakers and participants

Elderly Walk in Gardens by the Bay, organised jointly by Institute of Parks and Recreation, Singapore (IPRS), Rotary Club of Novena (RCN) and Singapore Planned Families Association (SPFA).

On Wednesday 11 October 2017, about 30 volunteers from Institute of Parks and Recreation, Singapore (IPRS), Rotary Club of Novena (RCN) and Singapore Planned Families Association (SPFA) and about 100 elderly from Clementi community enjoyed a very fascinating outing at Gardens by the Bay both in the Flower Dome and the Cloud Forest.

In conjunction with the “Autumn Harvest”, the elderly were delighted to savour how the traditional season of crop gathering is interpreted in creative ways – a bounteous land is inhabited by a fruit and vegetable giant; a lush farm plot overflows with abundant produce and blooms like anemones, gaillardias, phloxes and chrysanthemums; and Cinderella’s pumpkin carriage sits pretty amidst pumpkin trees.

We started at 9am and walked around till noon. Our sponsor, Swift Credit, provided transportation for the elderly including packet lunch and beverages.

A special thank you to our sponsor and partners!





HONORARY TREASURER'S REPORT

Although we ended the year with lower real income, due to loss of rental income, we closed with a healthy balance sheet after the sale of our long-held commercial asset in Lavender Street. This fortunate solution to our financial struggle of the last three years, marked our renewed beginning with new identity under Singapore Planned Families Association (SPFA) to reflect the real motivation of the Association and to be in line with our Government to grow her population with values and responsibility.

Operating expenses was about the same as in 2016 hovering around \$81,000 for the year. This tight budget continued to be possible with only one full time and two part-time staff.

With the proceeds from the disposal of our only asset, we ended the year with delightful surplus of funds at \$803,369 against a deficit of \$29,335 in the preceding year.

With the healthier position, the Association will be recruiting a full time Executive Director and another supporting staff to strengthen our ability to organize and manage more programmes as well as to keep raising funds for our important programmes and services.

We seek more corporate and individual donations as well as sponsorships to support our objectives to deliver more effective programmes and services.

Please do donate generously so that SPFA can focus on its vision to promote healthy family values, healthy human sexuality and healthy reproduction leading to the building of strong, happy families and society.

Any amount will be received with full gratitude from our sincere hearts.

Dr Chen Sze Hua
Hon. Treasurer

SINGAPORE PLANNED FAMILIES ASSOCIATION

(Registered in the Republic of Singapore)

STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2017

		2017	2016
	Note	S\$	S\$
Assets			
Non-current assets			
Plant and equipment	4	1,787	3,272
Investment property	5	-	234,483
		<hr/>	<hr/>
		1,787	237,755
Current assets			
Deposits		643	643
Cash and cash equivalents	6	1,036,525	2,444
		<hr/>	<hr/>
		1,037,168	3,087
		<hr/>	<hr/>
Total assets		1,038,955	240,842
		<hr/>	<hr/>
Funds and liabilities			
Funds			
General fund		1,031,722	156,565
Designated fund	7	-	71,788
		<hr/>	<hr/>
		1,031,722	228,353
		<hr/>	<hr/>
Current liabilities			
Other payables	8	7,233	12,489
		<hr/>	<hr/>
Total funds and liabilities		1,038,955	240,842
		<hr/>	<hr/>

For our full financial statements for FY2017, please visit <https://www.charities.gov.sg>.

SINGAPORE PLANNED FAMILIES ASSOCIATION

(Registered in the Republic of Singapore)

STATEMENT OF COMPREHENSIVE INCOME

YEAR ENDED 31 DECEMBER 2017

		2017	2016
	Note	S\$	S\$
Income			
Care and Share matching grant		-	1,344
Contributions and sponsorships		587	-
Donations	9	7,380	2,700
Transfer from SPPA premises project fund		-	1,196
Citi-YMCA Youth for Causes	10	-	4,016
OWAAP event income		-	126
Seminar and workshop income		100	145
Counselling fee		130	-
		<u>8,197</u>	<u>9,527</u>
Other income			
Gain on disposal of investment property		854,244	-
Subscription fee		180	200
Rental income from investment property		21,050	42,000
Wage credit scheme payout		735	1,834
Sundry income		335	157
		<u>876,544</u>	<u>44,191</u>
Total income		<u>884,741</u>	<u>53,718</u>
Less: Operating expenses (Schedule 1)		81,372	81,857
Income/(deficit) before income tax		<u>803,369</u>	<u>(28,139)</u>
Income tax	11	-	-
Net income/(deficit)		<u>803,369</u>	<u>(28,139)</u>
Deficit in designated fund		-	(1,196)
Income/(deficit) for the year representing total		<u>803,369</u>	<u>(29,335)</u>

For our full financial statements for FY2017, please visit <https://www.charities.gov.sg>.

SINGAPORE PLANNED FAMILIES ASSOCIATION**(Registered in the Republic of Singapore)****SCHEDULE OF OPERATING EXPENSES****YEAR ENDED 31 DECEMBER 2017**

	2017	2016
	S\$	S\$
Accountancy fee	4,800	4,800
Audit fee	2,500	3,000
Bank charges	314	290
Cleaning expenses	2,505	2,623
Course fee	-	395
CPF and SDL contributions	6,276	6,269
Depreciation of plant and equipment	1,485	1,499
Depreciation of investment property	2,931	3,908
Event expenses	1,650	-
Insurance	2,050	457
Internet charges	1,396	60
Late payment penalty	18	7
Medical fee	93	-
Office refreshment	145	303
Office supplies	64	169
Office upkeep	334	334
Postage and courier charges	43	79
Printing and stationery	488	1,936
Rental of copier	1,926	1,926
Rental of office premises	5,894	5,893
Repair and maintenance	5,540	6,986
Salaries	36,400	36,400
Seminar expenses	615	-
Subscription fee	-	376
Transport and travelling expenses	52	53
Telephone charges	1,799	1,973
Utilities	2,054	2,121
Total operating expenses	81,372	81,857

For our full financial statements for FY2017, please visit <https://www.charities.gov.sg>.

SINGAPORE PLANNED FAMILIES ASSOCIATION

(Registered in the Republic of Singapore)

STATEMENT OF CHANGES IN FUNDS

YEAR ENDED 31 DECEMBER 2017

	General fund	Designated fund	Total fund
	S\$	S\$	S\$
Balance at 1 January 2016	184,704	72,984	257,688
Total comprehensive loss for the year	(28,139)	(1,196)	(29,335)
Balance at 31 December 2016	<u>156,565</u>	<u>71,788</u>	<u>228,353</u>
Total comprehensive income for the year	803,369	-	803,369
Reclassification of designated fund to general fund	71,788	(71,788)	-
Balance at 31 December 2017	<u>1,031,722</u>	<u>-</u>	<u>1,031,722</u>

For our full financial statements for FY2017, please visit <https://www.charities.gov.sg>.

SINGAPORE PLANNED FAMILIES ASSOCIATION

(Registered in the Republic of Singapore)

STATEMENT OF CASH FLOWS

YEAR ENDED 31 DECEMBER 2017

	Note	2017 S\$	2016 S\$
Cash flows from operating activities			
Income/(deficit) for the year		803,369	(28,139)
Adjustments for:			
Depreciation of plant and equipment		1,485	1,499
Depreciation of investment property		2,931	3,908
Transfer from SPPA premises project fund		-	(1,196)
Gain on disposal of investment property		(854,244)	-
Operating deficit before working capital changes		(46,459)	(23,928)
Changes in working capital:			
Deposits		-	604
Other payables		(5,256)	(17)
Net cash used in operating activities		<u>(51,715)</u>	<u>(23,341)</u>
Cash flows from investing activities			
Proceeds from disposal of investment property		1,085,796	-
Net cash generated from investing activity		<u>1,085,796</u>	<u>-</u>
Net increase/(decrease) in cash and cash equivalents		1,034,081	(23,341)
Cash and cash equivalents at beginning of year		2,444	25,785
Cash and cash equivalents at end of year	6	<u>1,036,525</u>	<u>2,444</u>

For our full financial statements for FY2017, please visit <https://www.charities.gov.sg>.

LIST OF DONORS

Name	Tax Deductible
Tan Chin Tuan Foundation	\$5,000.00
Dr Sundardas Dharmadas Annamalay	\$1,500.00
Mr Ong Keng Wan Edward	\$ 500.00
Ms Hee Yon Kim	\$ 200.00
Mr Ong Yeow Chon	\$ 150.00
Mr Murugaiyan Raj Kumar	\$ 10.00

Non Tax Deductible

Kayan Viola	\$ 10.00
Mr Murugaiyan Rajkumar	\$ 10.00

DONATIONS

As SPFA no longer receive direct funding and is not a member of the Community Chest, we depend to a very large extent on public support for the much needed funds to support our programs and services in order to impact family values, human sexuality and reproductive health education.

Donations can be made in a number of ways:

- Cash payments in person to the Administrator at the office of the Association.
- Cheque mailed to the Association : *Singapore Planned Families Association, Blk 3A Holland Close #01-55, Singapore 272003*
- Direct Deposit into the Association's DBS Bank Account No.: *008-013219-4*

All donations will be eligible for tax deduction and a tax-exempt receipt will be issued.

SPFA also benefits from **Giving.sg** the online donation portal. Please

- visit the website <https://www.giving.sg/singapore-planned-families-association>
- donate using your credit card or direct debit (internet banking).

Your donation will go a long way to enable us to help the disadvantaged families and at risk individuals and youth. Thank you so much.

Donating to SPFA: Tax Deductions

SPFA is an *Institution of Public Character (IPC)*; thus, your donations are tax-deductible. To continue building a stronger sense of community, the Government has also decided to extend the 250% tax deduction for qualifying donations for another three years, i.e. from 1 January 2016 to 31 December 2018. The recent Budget announcement extended the scheme for another three years till December 2021. (19 February 2018)

How do I claim tax deductions?

From 1 January 2011, all individuals and businesses are required to provide your identification number (e.g. NRIC/FIN/UEN) when you make donations to the IPCs in order to be given tax deductions on the donations. IRAS will no longer accept claims for tax deduction based on donation receipts. Tax deductions for the donations will be automatically reflected in your tax assessments based on the information from the IPC.

How is the 2.5 times tax deductions calculated?

The 2.5 times tax deduction is deducted against your statutory income (which includes your employment, trade income, etc) before arriving at your assessable income.

Total income/ statutory income	----->> Less Expenses and Donations	Assessable Income	----->> Less Personal Reliefs	Chargeable Income
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Example

If your total statutory income for YA2012 is \$100,000 (i.e. you earned \$100,000 in year 2011) and you made donations of \$10,000 to IPC in year 2011, your assessable income would be calculated as below:

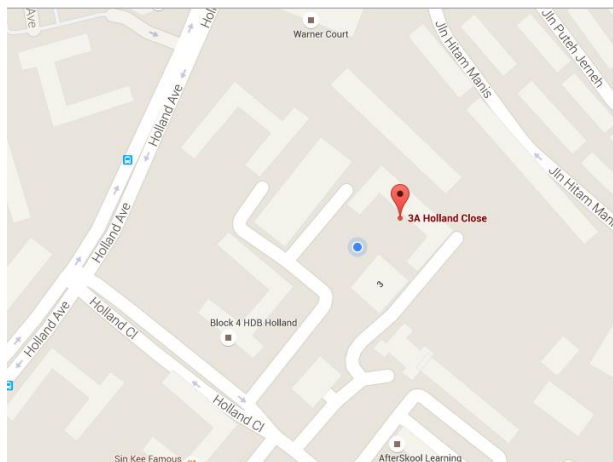
Total statutory income	\$100,000
Less: Approved donations	<u>\$25,000</u> (\$10,000 x 2.5)
Assessable income	<u>\$75,000</u>

Source: <https://www.charities.gov.sg>



SINGAPORE PLANNED FAMILIES ASSOCIATION

Blk 3A Holland Close #01-55 Singapore 272003



Tel: (65) 6775 8981 Fax: (65) 6776 8296 Email: admin@spfa.org.sg

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<https://www.facebook.com/spfasg>

https://twitter.com/SPFA_SG